



National Center for  
**PTSD**  
POSTTRAUMATIC STRESS DISORDER

# Late-Onset Stress Symptomatology Scale Short-Form (LOSS-SF)

**Version date:** 2018

**Reference:** Brady, C. B., Pless Kaiser, A., Spiro, A., III, Davison, E. H., King, D.W., & King, L. A. (2019). Late-Onset Stress Symptomatology (LOSS) – Short Form: Development and Validation. *Aging and Mental Health*, 23, 952-960. DOI: 10.1080/13607863.2018.1450831 [Measurement instrument] Available from <https://www.ptsd.va.gov>

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## Thinking About Military Service

**Instructions:** The following statements ask about your attitudes, experiences, and thoughts about your military service, and how these may have changed compared to when you were younger. Please read each item carefully and circle the choice that best applies. When responding to these statements, think about the war(s) in which you served.

	<b>Strongly disagree</b>	<b>Disagree</b>	<b>Neither agree or disagree</b>	<b>Agree</b>	<b>Strongly agree</b>
1. I think about the war more than I used to.	0	1	2	3	4
2. Everyday things have started reminding me of the war.	0	1	2	3	4
3. As I get older, I get more upset when talking about the war than I used to.	0	1	2	3	4
4. My family and friends tell me that I have recently been speaking more emotionally about the war.	0	1	2	3	4
5. I dream about the war more now than when I was younger.	0	1	2	3	4
6. These days, I become more emotional around certain days or anniversaries that remind me of the war.	0	1	2	3	4
7. Lately, my thoughts about the war bother me more.	0	1	2	3	4
8. I need to talk about the war more now than when I was younger.	0	1	2	3	4
9. These days, I think more about my role in the war.	0	1	2	3	4
10. When I am faced with stressful events, I find myself thinking about the war.	0	1	2	3	4
11. Lately, I think more about friends I lost during the war.	0	1	2	3	4